

## When?

Thursday, July 16, 2009

9 a.m. – 3:00 p.m.

8:30 a.m. Registration

## Where?

### Solid Ground

1501 N. 45<sup>th</sup> St.

Seattle, WA 98103-6708

Register early: limited seating

**Target audience:** Activity Professionals & Social Workers in nursing homes, assisted living facilities and adult family homes

## Fees?

RCW Member	\$55
Non Member	\$75
Ombudsmen volunteers	\$35

Lunch on your own

**Certificates** available – 5 hours

## Format?

Limited lecture – Hooray!

Resident Panel

Group brainstorming

## Why this workshop?

To learn how to integrate culture change into resident activities that promotes a

dignified existence, self-determination and communication with and access to persons and services inside and outside the facility.

Clearly our regulations endorse “culture change”. This seminar will address how to promote meaningful activities which enhance opportunities for autonomy, choice and are person appropriate.

## Workshop Contents:

### Morning – Part One

- **ASK US? Our resident leaders will answer pertinent questions that affect their lives.**

#### Questions such as:

What is a meaningful activity?

What is choice?

What is autonomy and why is it important?

What is self-determination?

- **What is autonomy and why is it Important? Overview**  
**Rose Floyd, Staff Ombudsman**

- **UNDERSTAND the strength and meaning behind the regulations**  
**Linda Ronco**  
**NH Compliance Specialist**

## Afternoon – Part Two

Self-evaluation – What do we value? How does it compare to residents? How can tools such as resident councils offer resident top priorities of meaningful activity, choice, dignity, and socializing outside their home?

- **Put to practice what you learn from small group discussions with your peers and RCW resident leaders.**

We will divide into small groups for a hands-on evaluation of our own program and how we can improve our program design to incorporate our individual residents' top priorities

## Afternoon – Part Three

Groups will summarize findings

### Presenters:

Resident Councils of Washington Board Members – James Galbreath, Renee Gibbs and Kay Sweeney  
Rose Floyd, Staff Ombudsman  
Linda Ronco, NH Compliance Specialist  
Residential Care Services, Aging and Disability Services Admin.

### Facilitators:

Sharon McIntyre, ACC Executive Director, RCW  
Mary Fogh, Staff Ombudsman  
Anita Dunlap, ACC RCW Consultant

**Resident Councils'  
Answers  
To Culture Change**

*Culture Change promotes a dignified  
existence, self-determination and  
communication with the individuals  
we serve.*

*Thursday, July 16, 2009*

**King County Long Term Care  
Ombudsmen Office  
Solid Ground  
1501 North 45<sup>th</sup> Street  
Seattle, WA 98103**

**Sponsored By:**



**Resident Councils of Washington**

Culture Change RCW Workshop **REGISTRATION** (Retain copy for your information)

Complete form, mail with check payable to:

RCW, 220 E Canyon View Road, Belfair, WA 98528-9597

Phone: (360) 275-8000 Fax: 360-277-0144

SEMINAR FEE: (All fees include lunch) Registration deadline – July 9, 2009  
(No refunds made after one (1) week prior to seminar)

\$75 Non RCW Member or "late fee" \$ \_\_\_\_\_

\$55 (per person) RCW Member \$ \_\_\_\_\_

\$35 Ombudsmen volunteers \$ \_\_\_\_\_

\$55 (per person) 2 or more same facility \$ \_\_\_\_\_

\$ Total Enclosed \$ \_\_\_\_\_

**YES, I want to join RCW!**

Enclose membership fee

\$ \_\_\_\_\_ Homes (100 beds or under) \$75

\$ \_\_\_\_\_ Homes (greater than 100 beds) \$100

\$ \_\_\_\_\_ \$ \_\_\_\_\_ Individuals \$35

Name(s), address, zip, phone, fax

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Please charge my: Visa Master Charge or register online [www.residentcouncilstore.org](http://www.residentcouncilstore.org)

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Special Diet needs; \_\_\_\_\_

PLEASE PRINT: Name & Job Titles of attendees: \_\_\_\_\_

Facility: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_